

SMALL GROUP DISCUSSION GUIDE

For the week of October 18-23, 2021

"HUMILITY. CONTENTMENT. HOPE."

GETTING STARTED

To the facilitator: Use this section to introduce the topic. If possible, give a brief recap of the sermon.

Share a memorable point, a spiritual lesson, a personal application, a question, or something that challenged you from the sermon last Sunday.

If you were to go on a three-day journey, how would you prepare for it?

GROUP DISCUSSION

Read Psalms 131.

1. David begins the psalm by asserting his humility. Do you find it strange or relatable? If you were to ask your spouse or a close friend how they thought you struggled with pride, how do you think they would answer?
2. Verse 1 talks about three ways that pride would show up – pride in our hearts (thinking of yourself more than you should), pride of the eyes (looking down on others) and pride of our walk (thinking you have all the answers). Which one are you more prone to? Why do you think you are prone to that type of pride?
3. In verse 1b, the psalmist says, "I do not concern myself with great matters or things too wonderful for me" (NIV). What does this mean to you? As Christians, how do we strike balance between the value of understanding our limits (i.e. we really do not know completely) and how we sometimes have very strong opinions about certain issues?
4. What is your understanding of the process of weaning? David uses the metaphor of a weaned child to describe being content. Is contentment a sign of Christian maturity? How do you think this statement should look like in *your* life: "Until Jesus is enough for us, nothing else will ever be."
5. How does pride get in the way of contentment?
6. In verse 3, David addresses the nation of Israel directly and invites them to "put your hope in the LORD both now and forevermore" (NIV). How does this verse relate to

the previous two verses? What is the state of your hope and the location of your hope these days?

7. Share about what God has weaned or is weaning in your life. Have you reached a point where you are able to say, "I'm thankful for those (things) that I no longer have to have"?

8. NEXT STEPS

Until Jesus is enough for us, nothing else will ever be.

- I will humble my heart, eyes and my walk!
- I will find my contentment only in the Lord.
- I will seek to learn to calm and quiet my soul.
- I will wait upon the Lord in the situation I am in today.

Don't forget to:

- Go through the devotionals everyday this week.
- Have a regular daily time of prayer and reading of God's Word.
- Commit 30 minutes a day for God's intervention in this fight against the COVID virus.

CLOSING THE SESSION.

Close the session by taking the time to pray for one another. Consider the following as you pray:

- Pray that you grow in the area of humility, contentment and hope as you worship the Lord.
- Take the time to pray for our nation, for peace and for the gospel to prosper during this time of the pandemic.
- Pray for those who are hurting, going through fear, worry and anxiety in the group.
- Pray for your unsaved family, friends and loved ones.

BIBLE READING SCHEDULE.

October 18 Psalms 131
October 19 Matthew 18:1-6; Mark 10:14-16
October 20 1 Samuel 15:17-30
October 21 Hebrews 13:1-8
October 22 Psalms 23
October 23 Psalms 73:21-28
October 24 Jeremiah 17:1-8