

# SMALL GROUP DISCUSSION GUIDE

For the week of May 22-28, 2022

“#LOL”

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## GETTING STARTED

*To the facilitator: Use this section to introduce the topic. If possible, give a brief recap of the sermon.*

Share a memorable point, a spiritual lesson, a personal application, a question, or something that challenged you from the sermon last Sunday.

If you were to wear a “mask of emotion” right now, what mask will you be wearing?

## GROUP DISCUSSION

Read Proverbs 14:10-13.

1. How would you describe your laugh? Are you a loud, moderate, or quiet laughter? Do you think optimistic people laugh more than pessimistic people? If yes, why? Do you think it is possible to change your mood from angry to happy by forcing yourself to laugh?
2. How does this passage convey the realities of life? Do you find the passage positive or negative in it's outlook?
3. Read Psalm 34:18 and Ecclesiastes 3:4. How does grief do its work in life? Sorrow isn't just for when someone dies, but also for any significant loss whether a job, a divorce, a friendship, etc. Share an instance when you trusted God with your grief.
4. Read Luke 16:20-25 and Matthew 7:13-14. The worst end is spending eternity in hell apart from God. How has God redeemed your life, taking you from the broad path of destruction to the narrow path of salvation? How is he working in your life today?
5. Why is it hard to genuinely understand another person's heartache? As a follower of Christ called to love and care for others, how can you minister to the hurting? Has 2 Corinthians 1:3-4 ever applied to you?
6. We all need a safe place, with people we trust to listen to us, be open to our wrestlings and doubts, and not judge us. Who are those people for you? Try to evaluate yourself in this area: Are you a “safe place” to people who share their circumstances to you?

7. How can you reach out to others in your sphere of influence, whether on social media or in real life, and share with them the redeemed version of LOL — Live on Lastingly?

## 8. NEXT STEPS

- I will remind myself that God knows me well, he cares and he certainly knows the circumstances I'm going through.
- I will not allow social media (or any other thing) to stand between me and my relationship with God.
- I will redeem social media for God's glory.
- I will try my best to reach out to my friends and loved ones.

*Don't forget to:*

- Go through the devotionals everyday this week.
- Have a regular daily time of prayer and reading of God's Word.
- Commit 30 minutes a day for God's intervention in this fight against the COVID virus.

## CLOSING THE SESSION.

Close the session by taking the time to pray for one another. Consider the following as you pray:

- Pray for real joy in the Lord.
- Pray for the hurting people around you and the desire to genuinely understand others and how they feel.
- Take the time to pray for the country, for peace, and for God to work out his sovereign will, with the results of the elections.
- Pray for your unsaved family, friends, and loved ones.
- Pray for protection, provision, healing and comfort for everyone who's going through tough times.

## BIBLE READING SCHEDULE.

May 30	Job 8:1-12
May 31	Lamentations 3:15-17
June 1	Genesis 18:1-14
June 2	Proverbs 14:13
June 3	Psalms 139:1-4
June 4	Genesis 21
June 5	Matthew 16:13-20