SMALL GROUP DISCUSSION GUIDE

For the week of June 4-10, 2023 "FROM SETBACK TO COMEBACK"

GETTING STARTED

To the facilitator: Use this section to introduce the topic. If possible, give a brief recap of the sermon.

Share a memorable point, a spiritual lesson, a personal application, a question, or something that challenged you from the sermon last Sunday.

Have you ever been underestimated or counted out (or know someone), only to prove others wrong? Share.

GROUP DISCUSSION

Read 1 Samuel 30

- Reflect on David's emotional, physical and mental journey in this chapter. How
 challenging or difficult was it? What would you have felt, thought or done in such a
 situation?
- 2. When faced with overwhelming circumstances, David chose to find strength in God rather than succumbing to despair. Although the text does not specifically say, what do you think does someone who seeking to find "strength in the Lord" do?
- 3. In 1 Samuel 30:7-8, David sought God's guidance before taking action. Why do you think this was important, and how can we apply this principle in our own decision-making process? Share the process that you go through to discern whether a decision aligns with God's will?
- 4. David's encounter with the Egyptian slave played a crucial role in his recovery of the captives. What lessons can we draw from this unexpected source of help and how can it encourage us to be open to assistance from unlikely places?
- 5. How does David's actions in 1 Samuel 30:22-26 demonstrate godlike character and leadership qualities?
- 6. Reflect on times when you may have been tempted to measure someone's worth or value solely based on their performance or productivity. How can we shift our mindset to recognize the inherent worth of each person and their unique contributions, regardless of their visible achievements?

Application. Consider creating a "strength in the Lord" journal or reflection space this
week. In this journal, document instances where you have experienced God's
strength and provision and reflect on how it has deepened your relationship with
God. Share a testimony in your next session.

8. NEXT STEPS

CLOSING THE SESSION

Close the session by taking the time to <u>pray for one another</u>. Consider the following as you pray:

- Ask for forgiveness for the times when you have deliberately turned your back on him.
- Pray for a heart that truly seeks God in whatever circumstance.
- Pray for relationships to grow with other Christ-followers, that you will encourage and care for one another.
- Pray for your unsaved family, friends, and loved ones.
- Pray for protection, provision, healing and comfort for everyone who's going through physical, emotional, mental and spiritual pain.

BIBLE READING GUIDE

June 5 Judges 7:1-8
June 6 2 Chronicles 16:1-9
June 7 2 Samuel 7-8
June 8 2 Samuel 9-10
June 9 2 Samuel 11-12
June 10 2 Samuel 22
June 11 Psalms 61